# HIM-KSHITIJ

"Bringing the Hills to Headlines"

The Bi-annual Newsletter (June 2024 – Nov 2024)



- Campus Chronicles
- Academic Achievements
- Student Creativity
- Events & Activities
- Voices & Views

Govt. Degree College Haripurdhar Distt. Sirmour (H.P.) 173032

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# GOVT. DEGREE COLLEGE-HARIPURDHAR DIST. -SIRMOUR, H.P.



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Newsletter from June 2024 - November 2024

### 1. NSS Budget for Viksit Bharat

On 30-07-2024, the NSS unit of the college organised a special session wherein youth—related schemes presented in the Union Budget 2024-25 were discussed. Dr. Sarita Thakur, Assistant Professor in Commerce, GDC Haripurdhar gave vital information related to various sectors and specially schemes related to youth with the help of a PPT. The session was concluded with the official address of the officiating Principal of the institution, Dr. Rajinder Tomar.





# 2. Scout and Guide Scarf Day

On 01-08-2024, the R&R unit of the institution organised the Bharat Scout and Guide Scarf Day. The Ranger and Rover unit organised an event in the college hall wherein the students of the unit gave speeches about the history and significance of the unit. The unit also conducted a Ranger and Rover prayer session to instil value of service amongst students. A cleanliness drive was conducted post the scarf ceremony in the campus. The R&R unit members also maintained the road connecting the institution to the main road. Students



were given refreshment after the successful completion of the drive. The event ended with the official address of the Officiating Principal, Dr. Rajinder Tomar, who encouraged the students to uphold the values of Bharat Scout and Guide and enrol themselves in it.



### 3. Orientation Session

On 05-08-2024, an orientation session for the newly-admitted students of B.A and B.Com 1<sup>st</sup> year was conducted in the institution. In this session students were acquainted with the rules and regulations of the institution. With the help of a PPT, students are given vital information regarding academic and non-academic activities in the institution. introductory session was also conducted, wherein all teaching and non teaching staff members were introduced to the newly admitted students. The session ended with the address of the Officiating Principal Dr. Rajinder Tomar, who inspired the newly admitted students to avail all the facilities provided for their overall development and adhere to the rules and regulations of the institution.





# 4. Independence Day Celebration

On 15-08-2024, the 78<sup>th</sup> Independence Day was observed in the institution. The NCC, NSS and R&R unit of the institution conducted a flag march in order to commemorate the event. A flag hoisting ceremony was also conducted during the event. The students were addressed on this occasion by the Principal, Officiating Prof. Sharma who inspired them to dedicate themselves towards nation service and commit themselves to secure the integrity of the nation.





# 5. National Sports Day

On 29-08-2024, on the occasion of National Sports Day, celebrated in the memory of Major Dhyan Chand, a renowned hockey player, a special programme was organised in the college. In order to promote sportsman spirit in the students, a documentary on Padam Bhushan Major Dhayan Chand was shown to the students which the covered challenges and achievements of the hockey legend. Various sports activities such as 100m race, volleyball match, etc. were also organised in the campus on this day. The programme ended with the address of Prof. K.D. Sharma Officiating GDC Haripurdhar, Principal, urged the students to instil in them the qualities of a sportsman and join at least one sport in their lives to promote their health.





# 6. NSS One Day Camp and CCPC Lecture

On 31-08-2024, the NSS unit of the college organised one day camp in the college premises. The NSS volunteers conducted a cleanliness drive in the campus during the camp. In order to enhance ensure and campus beautification, the volunteers also created and makeshift fencing gate and put up fences on the boundary of the campus. The NSS unit in association with the CCPC of the institution also organised a guest lecture on women hygiene under the "Mahila Suraksha Mission." The guest speaker of this lecture was Smt. Geeta Singh, Tiens India International Health Industries, Solan, who spread awareness amongst students about menstrual hygiene. Students were also encouraged to be confident in embracing the natural phenomenon of menstruation. The event concluded with the address of K.D. Officiating Prof. Sharma. Principal, GDC Haripurdhar, who appreciated the volunteers for their dedication towards the institution and honoured the guest speaker for spreading awareness on such vital issue related to women health.









# 7. Teachers' Day Celebration

On 05-09-2024, a special programme was organised by the students of the college on the occasion of Teachers' Day that is celebrated on the birth anniversary of Dr. S. Radhakrishnan. The students organised various cultural activities honouring their teachers along with the non-teaching staff of the college. Students began the programme with a badge ceremony and organised various entertaining games to engage the staff members. The programme ended with the address of Prof. K.D. Sharma, Officiating Principal, GDC Haripurdhar, who congratulated the students for organising the event and extended gratitude on behalf of all the staff members for such a memorable organisation of the event.





### 8. Hindi Diwas

On 14-09-2024 a programme was organised in the college on the occasion of *Hindi Diwas*. Various competitions were organised on this day in order to promote the usage of Hindi. A poster making, declamation, essay writing and poetry recitation were organised on this occasion. The programme ended with the official address of Sh. Karam Dutt, officiating Principal, GDC Haripurdhar, who inspired students to use Hindi in their day to day communication. He also inspired students to read Hindi literature to be acquainted with our cultural roots.





# 9. Banking and Financial Inclusion Programme

On 16-09-2024, the institution organised a special lecture in association with the Reserve Bank of India representative Sh. Ram Lal to educate students about the fundamentals of banking. The keynote speaker gave vital information about the functioning of RBI and encouraged the students to participate in the national level RBI Quiz. The session ended with the address of Sh. Karam Dutt, officiating Principal, GDC Haripurdhar, who applauded the speaker for sharing the information with the students.





# 10. NSS Foundation Day & CSCA Oath taking ceremony

On 24-09-2024, CSCA Oath taking ceremony was organised in the institution as per the guidelines of HPU. In this ceremony, the office bearers of CSCA for the session 2024-2025 took oath and were commemorated with badges. The newly formed CSCA ensured students that they shall work diligently with the college administration for the betterment of the institution. A high tea was also organised on this occasion for the office bearers. After the ceremony, the NSS unit organised a special programme on the occasion of 55<sup>th</sup> NSS foundation day. In this programme, various cultural activities were organised. A documentary on the constitution of NSS in India and its outstanding feats in the past was also shown to students on this occasion. The session ended with the address of Sh. Karam Dutt, officiating Principal, **GDC** Haripurdhar, who congratulated the newly constituted CSCA and encouraged the students to adopt the values of NSS in their lives.





# 11. RRC Awareness Day

On 27-09-2024, the RRC Unit of GDC Haripurdhar organised special awareness session in the institution in association with Health and Family Welfare Department, Block Sangrah in order to spread awareness regarding safety from HIV/AIDS. The session began with an awareness lecture given by Dr. Atul Bhardwaj, BMO, Block Sangrah, who gave vital information to students regarding safeguards various means by which HIV/AIDS is spread. Shri Chaman Soni, Health Educator, Block Sangrah discussed various forms of assistance provided by the government for HIV/AIDS patients. He also raised awareness about various health schemes under Ayushman Pakhwada which they can avail benefits from. The programme ended with the of Prof. K.D. Sharma. address Officiating Principal, **GDC** Haripurdhar, who extended his regards to the guest speaker. Also, the RRC unit of the college organised a special community outreach programme in the village Beyong, District Sirmour in order to spread awareness about HIV/AIDS in the community.

The RRC unit organised the event in the village where a skit on the social impact of HIV/AIDS and the discrimination faced by the patients were highlighted. The skit also encouraged the people to have sympathy towards the patients. The RRC unit chanted slogans and gave vital information about government helpline for HIV/AIDS patients after which the campaign was concluded.









# 12. Disaster Management Mock Drill

On 28-09-2024, a mock drill was organised in the college in association with the 4<sup>th</sup> battalion of Home Guards and Fire Department, Nahan wherein quick response action training was given to students to manage rescue operations. With the help of live demonstrations, the master trainers gave training to the students for handling injured persons during any disaster. The rescue mission training included handling of injured persons in higher elevation along with providing immediate first aid. The trainer also gave vital information and demonstration about handling fire incidents in domestic level. The team demonstrated fire extinguishers and homemade remedies for extinguishing fire. The mock drill ended with the address of the Officiating Principal, GDC Haripurdhar who appreciated the efforts made by trainers and encouraged students to handle these situations with the help of the training received in the mock drill.





# 13. Swachhta hi Seva Campaign

The NSS unit organised various activities conducted under the "Swachhta hi Seva" campaign with effect from 17-09-2024 to 02-10-2024. Under this campaign, a Swachhta rally was conducted in the adjoining market area by the NSS volunteers who chanted slogans regarding cleanliness to spread awareness. The students also conducted a cleanliness drive in the Maa Bhangayani Temple complex on 30-10-2024 wherein plastic bags were collected and disposed by the volunteers. The NSS unit also



conducted a community outreach programme in the adopted village Beyong, where volunteers teamed up with GMS Beyong and Mahila Mandal to ensure cleanliness drive. The event was successfully concluded on 2<sup>nd</sup> October where volunteers adhered and pledged to adopt the Gandhian principles of swachhta.



# 14. Disaster Management and Preparedness Session

The Information and Public Relations Department, Shimla organised a special preparedness and Sensitization session in association with the institution wherein the team members spread awareness about disaster preparedness and aversion with the help of a skit. The initiative was also supported by PDMA, Sirmour under the "Disaster Risk Reduction" programme called "Samarth 2024".

Students were also distributed pamphlets which gave vital information about natural disasters such as earthquakes and techniques which can reduce risks. The event ended with the address of the Officiating principal, GDC Haripurdhar, who encouraged students to adopt the knowledge imparted in the session.





## 15. R&R Foundation Day

On 07-11-2024, the R&R unit of the institution organised the 75<sup>th</sup> foundation day of Bharat Scouts and Guides. On this occasion, the R&R unit of the institution organised activities such as Prarthna Geet and R&R song. In order to promote the spirit of scouting, the unit members gave speeches highlighting the history and values of scouting. The event began with the



scarf ceremony organised by the unit, in which all staff members wore scarf of R&R. After all the activities, the event was concluded with the address of Dr. Lalit K. Guleria, Principal, GDC Haripurdhar, who encouraged the students to instil the values of scouting in their lives.



# 16. NSS One Day Camp

On 16-11-2023, the NSS unit of the college organised one day camp in the institution. The focus of the camp was to conduct "Swachhta Abhiyan" in the college premises. The NSS volunteers cleaned the college building and maintained the flower beddings of the campus. A campus beautification drive was also conducted by the volunteers wherein the plants were maintained and the bedding bricks were painted white for beautification. The camp concluded by the address of the Principal GDC Haripurdhar, encouraged the volunteers to adopt the spirit of volunteership of NSS.





### 17. SAR Cluster Committee Visit

On 18-11-2024, a committee visit by SAR Cluster Committee was conducted as per the directions of the Respected Director of Higher Education. The committee was chaired by Dr. V.K. Shukla, Principal GC Paonta Sahib. Dr. J.R. Kashyap, Principal, GC Shillai, Dr. Nalin K. Ramaul, GC Kaffota, Dr. Vivek Negi, GC Paonta Sahib along with Sh. Sandeep Sharma, GC Paonta Sahib were the members of this inspection committee. The committee did the physical verification of the Self-Assessment Report submitted by the college and documentary evidences



were also scrutinized during the inspection. The committee also gave invaluable suggestions and insights during the visit. The inspection visit ended with a vote of thanks extended by Dr. Lalit K. Guleria, Principal, GDC Haripurdhar, who appreciated the suggestions given by the committee.

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### 18. Yoga and Meditation

A Mental Equilibrium Session was 23-11-2024 Prof. organised on by Himadri Thakur at the Maa Bhangayani Temple Complex. The participants shared the stress experienced by them in preparing for the upcoming mid-term examinations. A lecture was delivered, followed by a group discussion regarding Indian methods to deal with stress like Ayurveda, Importance of Dincharya Yoga and a healthy diet. Students enjoyed the session and reported the need for such sessions to be conducted by the college more frequently.





# 19. Awareness about importance of voting

A Voter Awareness camp was organised on 26-11-2024 in the college premises in collaboration with the office of the Electoral Registration Office, AC 57 Shri Renuka Ji (SC). The camp aimed to educate students about the importance of voting and the process of voter's registration. BLOs were present to assist students in registration process. BLO's were present to assist students in the registration of their voter IDs and updating their details. The camp was a success, with much first-time voter registrations on the spot. This initiative helped raise awareness and encourage youth participation in elections.





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